

WAPMU 3RD ANNUAL MEETING OF THE NORTH AFRICAN & IBERIAN CHAPTER

October 18 and 19, 2024 – Oporto Faculty of Medicine (Oporto, Portugal)

Day 1 Morning (Lecture Hall)

8h30-8h45 – Opening Remarks (WAPMU President, Executive Director, and Local Organizers).

Block I - Fundamental Anatomy of the Spine

8h45-9h05: Fundamental Anatomy of the Spine as Seen Under Fluoroscopy;

9h05-9h25: Fundamental Anatomy of the Spine as Seen Under Ultrasound;

9h25-9h40: Q&A.

Block II – Cervical Spine Interventions

9h40-10h00: Essential Interventions Guided by Fluoroscopy;

10h00-10h20: Essential Interventions Guided by Ultrasound;

10h20-10h35: Q&A.

10:35-10h50: Coffee Break

Block III – Thoracic Spine Interventions

10h50-11h10: Essential Interventions Guided by Fluoroscopy;

11h10-11h30: Essential Interventions Guided by Ultrasound;

11h30-11h45: Q&A.

Block IV – Lumbar Spine / Sacroiliac Interventions

11h45-12h05: Essential Interventions Guided by Fluoroscopy;

12h05-12h25: Essential Interventions Guided by Ultrasound;

12h25-12h40: Q&A.

Day 1 Afternoon (Anatomy Lab)

14h00-18h30: Hands-on Practice (8 groups, 8 rotations, 4 delegates per group, 4 ultrasound stations, 4 fluoroscopy stations):

Ultrasound Stations: Cervical, thoracic, lumbar, sacroiliac/gluteal (injections, blocks);

Fluoroscopy Stations: Cervical, thoracic, lumbar, sacroiliac (injections, blocks, radiofrequency, cryoneurolysis);

14h00-16h00: 4 rotations (30 minutes each rotation);

16h00-16h30: Coffee Break

16h30-18h30: 4 rotations (30 minutes each rotation).

Day 2 Morning (Lecture Hall)

Block V – Regenerative Medicine

9h00-9h20: Intradiscal Orthobiologics;

9h20-9h40: Orthobiologics in Facet Joints and Other Axial Structures (Ligaments);

9h40-9h55: Q&A.

Block VI - Advanced Procedures of the Spine

9h55–10h15: Vertebroplasty and Kyphoplasty;

10h15-10h35 – Percutaneous LASER Disc Decompression (PLDD);

10h35-10h55 – Basivertebral Nerve (BVN) Ablation;

10h55-11h10 - Q&A.

11h10-11h25: Coffee Break

Block VII - Neuraxial Neuromodulation for Chronic Pain

11h25-12h00: **Keynote Lecture** – Present and Future of Spinal Cord Stimulation;

12h00-12:20: Dorsal Root Ganglion Stimulation;

12:20-12h35: Q&A.

Day 2 Afternoon (Anatomy Lab)

14h00-18h30: Hands-on Practice (8 groups, 8 rotations, 4 delegates per group, 4 ultrasound stations, 4 fluoroscopy stations):

Ultrasound Stations: Cervical, thoracic, lumbar, sacroiliac/gluteal (radiofrequency, cryoneurolysis);

Fluoroscopy Stations: Cervical, thoracic, lumbar (vertebroplasty, kyphoplasty, spinal cord stimulation, dorsal root ganglion stimulation);

14h00-16h00: 4 rotations (30 minutes each rotation);

16h00-16h30: Coffee Break

16h30-18h30: 4 rotations (30 minutes each rotation).